



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

6th-8th Grade Boys/Girls Shooting & Scoring Workout- Fall 2014

Location: Avera Sports Center (85th & Minnesota)

Cost: \$150 Please make checks payable to [Avera Sports Center](#)
Payment is collected on the first day of workouts.

Athletes will receive a Warwick Workout T-shirt & Shorts

Shooting & Scoring Workouts are for the advanced player. This workout will focus on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens as well as all other aspects of shooting. Athletes will be taught and participate in Heat Shooting, Magic Shooting, Warrior Shooting, Fast Break Shooting, Shooting Program and Pre-practice shooting during this series of Shooting & Scoring Workouts. These workouts will assist athletes to become a more effective shooter and scorer.

Saturday, September 27 th	10:15-11:45
Saturday, October 4 th	10:15-11:45
Saturday, October 11 th	10:15-11:45
Saturday, October 18 th	10:15-11:45
Saturday, October 25 th	10:15-11:45

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts

Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.